

Wildflowers and Other Plants in Cumbria

Details of course are on website: <https://www.coursesforadults.co.uk/courses/natural-history/>

Title	Wildflowers and Other Plants in Cumbria
Start date	Tuesday, 21/04/2020
End date	Tuesday, 23/06/2020
Times	10.00am – 12.00pm
Venue	Cumbria Wildlife Trust, Gosling Sike, Houghton Road, Houghton, Carlisle, Cumbria, CA3 0LD. National grid reference; NY 410 588.
Cost	£78
No. of sessions	10 sessions (20 hours in total)
Tutor	Stuart Colgate

Course description

A ten-week course studying a number of aspects of wild plants. Areas of study include:

1. Introduction to the diversity of plants; from trees, shrubs and herbs to mosses and liverworts.
2. Plant structure and relevant terminology will be covered, to build the skills and confidence needed to identify plants using a wild flower key.
3. Identification of plants both in the field and indoors – improve your ability to identify the plants you are seeing and hopefully increase your understanding and enjoyment of the ‘great outdoors’.
4. Field trips to study plants in their habitats and to put theory from indoor sessions into practise.
5. How to amend your sightings of plants into valuable biological records; helping nature conservation in the process.

Level of course

Beginners and those with some experience.

Booking and paying for your place on the course

To book your place on the course, please email or phone Stuart in the first instance to check a space is available (see contact details below). If so, your place will be held for 3 days to allow you time to send a cheque for £78 payable to *S Colgate* at address below or by using a bank transfer. Please see website for details of BACS payment. Many thanks.

Stuart Colgate, 9 Highwood Crescent, Carlisle, Cumbria, CA1 3LF

Telephone: **(01228) 402239**. Email: coursesforadults@hotmail.com

Website: <https://www.coursesforadults.co.uk>

Teaching methods

These will include illustrated talks, practical sessions with group and one-to-one tuition, Q&A. Outdoor field trips.

Items you will need to bring to the course

Note-book, pen etc. A hand lens (x10) and a plant guide (with key) will be useful – however, if you don't already have these then we shall discuss options during the first session. Suitable clothing and footwear for outdoor visits. Tea and coffee available for a small cost.

Venue, directions and car parking

Gosling Sike is the northern office of the Cumbria Wildlife Trust. The village of Houghton lies to the north-east of Carlisle. Houghton Road passes through the village and can be accessed from the A689 (off junction 44 of the M6) from the north, and from the south via Brampton Road (B6264 & A689). Gosling Sike lies to the south of the village on the western side of Houghton Road. Look for the Wildlife Trust sign at the entrance to the car park.

Public transport: There is a bus service from the centre of Carlisle to Houghton – please check for times and services.

I look forward to seeing you, Stuart.